



MAKE A DIFFERENCE  
**SPHHP Envision  
Mentoring Program**  
BECOME A MENTOR

**Program Overview:** Please contact Ebehitale Imobhio (@sphhpmentor@buffalo.edu) for more information.

The **School of Public Health and Health Professions (SPHHP) Envision Mentoring Program** will provide our undergraduate students of color with the opportunity to engage with UB alumni professionals of color. Mentoring relationships will be mutually benefit for both mentors and mentees as they develop. For **mentees**, it is our hope that the program will have an impact on your understanding of your future career choices. For **mentors**, we hope that this program can help you stay meaningfully connected with the school as you help build the next generation of potential health profession leaders.

**Who are we looking for?**

Alumni willing to commit to the mentoring program during the academic year (approximately late September-May)

**Time commitment?**

Varies, but at least 2-3 hours per month. Each mentoring pair decides on the parameters of their mentoring relationship, including:

- How/when to connect
- How often they meet
- What is discussed during mentoring sessions, etc

**What kind of support and resources are provided to mentees?**

- Access to an extensive resource guide, which includes a variety of program specific and university-wide resources, information and a UB/Buffalo Resource Guide
- A program team available to answer any questions and provide you with resources and recommendations on next steps for your mentoring relationship
- A cohort of mentors with varying degrees of experience that can provide further guidance.

**Interested in learning more?**

Visit our [website](#) or email [SPHHPmentor@buffalo.edu](mailto:SPHHPmentor@buffalo.edu)